

Workbook and Journal

BASED ON

SITTINGS
IN THE MONTH OF
RAMADAN

BY

SHAYKH SALIH AL-FAWZAN





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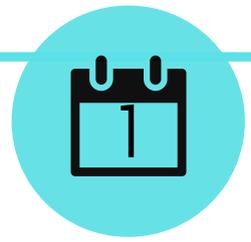
BY

SHAYKH SALIH AL-FAWZAN

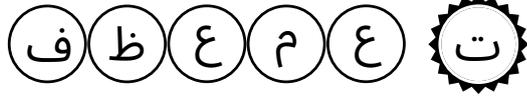
THIS BOOK BELONGS TO

.....

DATE _____



PRAYERS OFFERED



FAST COMPLETED



The 1st Sitting

HAPPINESS DUE TO THE COMING OF THE MONTH OF RAMADAN

NOTE DOWN SOME OF THE LESSON'S BENEFITS IN THE FORM OF A MIND MAP/SPIDER DIAGRAM

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?



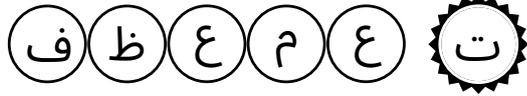
DID YOU FEEL HAPPY THAT RAMADAN IS HERE? SOME PEOPLE FEEL THAT RAMADAN IS A HARD TIME.

WHY DO YOU THINK THAT IS?

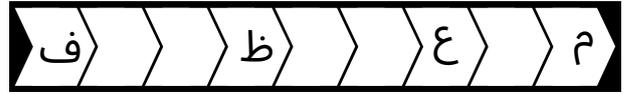
DATE _____



PRAYERS OFFERED



FAST COMPLETED



The 2nd Sitting

TAKING ADVANTAGE OF TIME THROUGHOUT THE MONTH

WRITE DOWN SOME OF THE LESSON'S BENEFITS AS DOODLE NOTES

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?

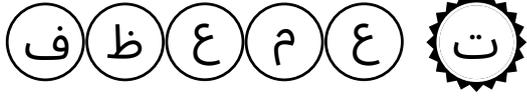


WHAT DID YOU DO TODAY TO INCREASE YOUR GOOD DEEDS AND TO USE THE TIME AS BEST AS YOU COULD?

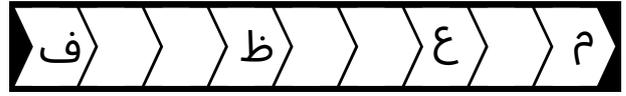
DATE _____



PRAYERS OFFERED



FAST COMPLETED



The 3rd Sitting

CLARIFYING THE VIRTUES OF FASTING

WRITE DOWN SOME OF THE LESSON'S BENEFITS AS BULLET POINTS

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?

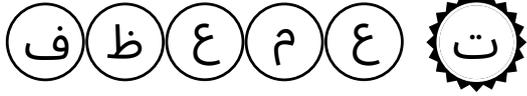


DID YOU FAST TODAY? IF SO, WRITE AN EXAMPLE OF HOW YOUR BODY PARTS (ASIDE FROM YOUR STOMACH) FASTED TOO:

DATE _____



PRAYERS OFFERED



FAST COMPLETED



The 4th Sitting

PRESERVATION OF THE FAST FROM THINGS THAT AFFECT IT

WRITE AN ALTERNATIVE TITLE FOR THIS LESSON AND ADD HEADINGS FOR THE MAIN SUBTOPICS

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?



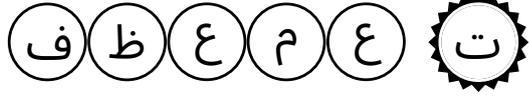
GIVE AN EXAMPLE OF HOW YOU HAVE BEEN CAREFUL NOT TO RUIN YOUR FAST TODAY:

DATE _____

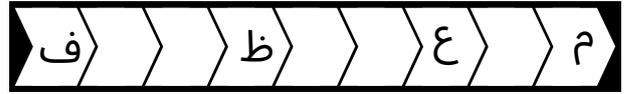


5

PRAYERS OFFERED



FAST COMPLETED



The 5th Sitting

THE VIRTUE OF SPENDING IN RAMADAN

DRAW SOME STICKY NOTES (OR STICK REAL ONES!) AND FILL THEM UP WITH BENEFITS FROM THIS LESSON

TODAY'S WISDOM

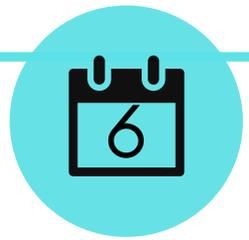
COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?

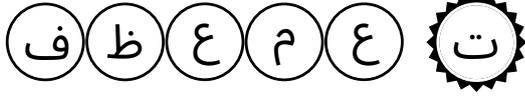


TO WHAT GOOD CAUSE COULD YOU DONATE SOME OF YOUR POCKET MONEY THIS RAMADAN?

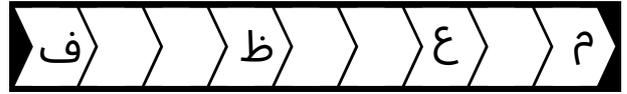
DATE _____



PRAYERS OFFERED



FAST COMPLETED



The 6th Sitting

THE NIGHT PRAYER OF THE PROPHET IN RAMADAN AND SOME OF HIS CHARACTERISTICS

WRITE THE PROPHET'S BEAUTIFUL CHARACTERISTICS MENTIONED IN THIS LESSON IN FANCY AND COLORFUL WRITING

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?



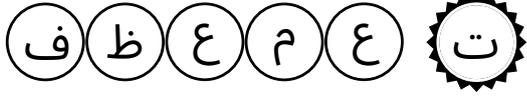
DID YOU EVER PRAY THE NIGHT PRAYER? IF SO, HOW DO YOU THINK IT BENEFITED YOU?

DATE _____

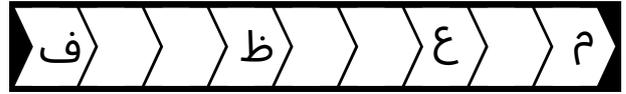


7

PRAYERS OFFERED



FAST COMPLETED



The 7th Sitting

THE VIRTUE OF RECITING THE QUR'AN

DRAW A PICTURE OF A MUS-HAF AND, ALL AROUND IT, COMPIL A LIST OF THE VIRTUE OF READING IT

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?

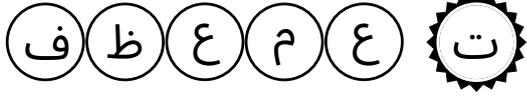


READ SOME QUR'AN AND COPY THE ENGLISH TRANSLATION OF ONE OF THE AYAAT YOU READ BELOW

DATE _____



PRAYERS OFFERED



FAST COMPLETED



The 8th Sitting

THE DRINK OF THE PEOPLE OF PARADISE

FOR EACH OF THE DRINKS OF PARADISE MENTIONED, DRAW A FULL GLASS AND WRITE ITS DESCRIPTION
INSIDE IT

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?

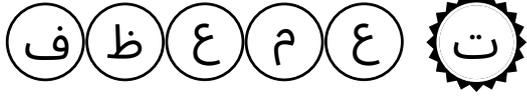


WHY DO YOU THINK THAT ALLAH DESCRIBED TO US SOME OF THE THINGS THAT WE WILL FIND IN JANNAH?

DATE _____



PRAYERS OFFERED



FAST COMPLETED



The 9th Sitting

THE ETIQUETTES OF RECITING QUR'AN

WRITE DOWN SOME OF THE LESSON'S BENEFITS INSIDE SPEECH BUBBLES

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?

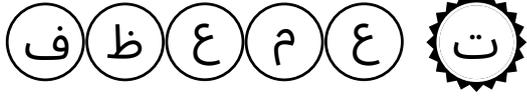


WHAT DID YOU DO TO APPLY THE GOOD MANNERS IN RECITING QUR'AN TODAY?

DATE _____



PRAYERS OFFERED



FAST COMPLETED



The 10th Sitting

WARNING AGAINST FOLLOWING THE FOOTSTEPS OF SHAYTAAN

DRAW A DIAGRAM TO REPRESENT THE CALL OF ALLAH AND THE CALL OF SHAYTAAN

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?

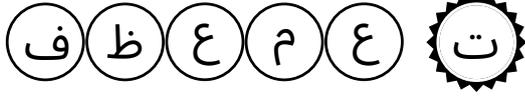


WHAT DID YOU DO TODAY TO RESPOND POSITIVELY TO THE CALL OF ALLAH?

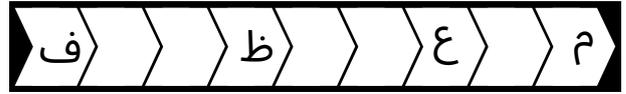
DATE _____



PRAYERS OFFERED



FAST COMPLETED



The 11th Sitting

THE END OF THE FIRST 10 DAYS AND THE ENTRANCE OF THE MIDDLE 10 DAYS

WRITE A LIST OF WAYS A MUSLIM CAN TAKE ADVANTAGE OF THIS SPECIAL TIME

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?



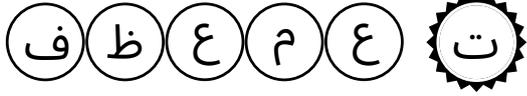
1/3 OF RAMADAN HAS PASSED. ARE YOU HAPPY WITH WHAT YOU HAVE ACHIEVED? WHAT COULD YOU DO TO IMPROVE ON IT INSHA'ALLAH?

DATE _____



12

PRAYERS OFFERED



FAST COMPLETED



The 12th Sitting

WARNING AGAINST THE FIRE

NOTE DOWN THE CHARACTERISTICS OF THE HELLFIRE (MAY ALLAH PROTECT US FROM IT)
MENTIONED IN THE LESSON IN A SPIDER DIAGRAM

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?



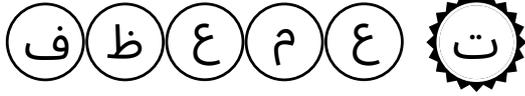
COPY THE ENGLISH TRANSLATION OF ONE OF THE AYAAT MENTIONED IN THE LESSON

DATE _____



13

PRAYERS OFFERED



FAST COMPLETED



The 13th Sitting

WARNING REGARDING THE PLOTS OF SHAYTAAN AGAINST THE CHILDREN OF ADAM

WRITE THE EVENTS THAT TOOK PLACE BETWEEN ADAM AND IBLIS IN CHRONOLOGICAL ORDER

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?

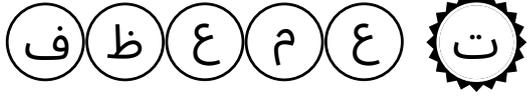


ALLAH TAUGHT US SOME WAYS TO SEEK PROTECTION FROM THE PLOTS OF SHAYTAAN. NAME ONE THAT YOU USED TODAY:

DATE _____



PRAYERS OFFERED



FAST COMPLETED



The 14th Sitting

FEAR OF THE FIRE

LIST SOME CHARACTERISTICS OF THE PEOPLE THAT WILL END UP IN THE HELLFIRE (MAY ALLAH PROTECT US FROM IT), AS MENTIONED IN THE LESSON

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?



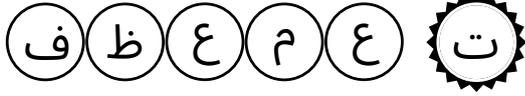
COPY THE ENGLISH TRANSLATION OF ONE OF THE AYAAT MENTIONED IN TODAY'S LESSON:

DATE _____



15

PRAYERS OFFERED



FAST COMPLETED



The 15th Sitting

THE OBLIGATION OF HAVING SINCERITY IN ONE'S ACTIONS FOR ALLAH

THE SHAYKH MENTIONS THE 2 CONDITIONS FOR GOOD DEEDS TO BE ACCEPTED; WRITE THEM AND DESCRIBE EACH IN ONE OR TWO SENTENCES.

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?



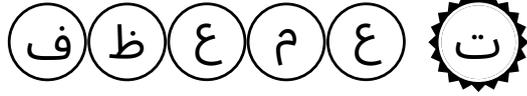
HOW DID YOU FOLLOW THE SUNNAH OF MUHAMMAD (SALLA ALLAHU ALAYHI WA SALLAM) TODAY?

DATE _____



16

PRAYERS OFFERED



FAST COMPLETED



The 16th Sitting

THE VIRTUE OF MAINTAINING THE MASJID

THE SHAYKH TALKS ABOUT WHAT SHOULD AND SHOULD NOT TAKE PLACE IN A MASJID. DRAW A VERTICAL LINE AND WRITE SOME EXAMPLES FOR EACH.

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?

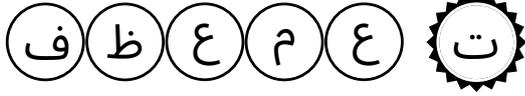


WHAT GOOD ACTIONS DID YOU PERFORM TODAY AT THE MASJID (OR IN YOUR USUAL PLACE OF PRAYER)?

DATE _____



PRAYERS OFFERED



FAST COMPLETED



The 17th Sitting

THE VIRTUE OF TARAWEEH PRAYER AND TAHAJJUD DURING THE MONTH OF RAMADAN

DRAW A MIND MAP REPRESENTING THE VIRTUES OF THESE SPECIAL PRAYERS

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?



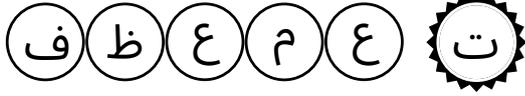
COPY THE ENGLISH TRANSLATION OF ONE OF THE AYAAT MENTIONED IN TODAY'S LESSON

DATE _____

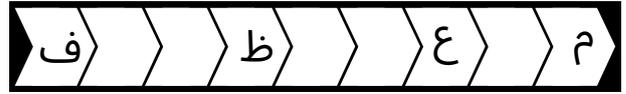


18

PRAYERS OFFERED



FAST COMPLETED



The 18th Sitting

THE VIRTUE OF FASTING

DRAW SOME STICKY NOTES (OR STICK REAL ONES!) AND FILL THEM UP WITH BENEFITS FROM THIS LESSON

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?

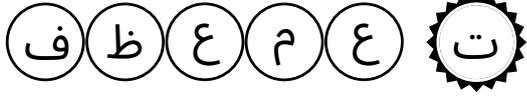


FASTING CAN BE HARD. MENTION ONE EXAMPLE OF HOW YOU HAVE BEEN PATIENT TODAY:

DATE _____



PRAYERS OFFERED



FAST COMPLETED



The 19th Sitting

SOME DESCRIPTIONS OF PARADISE

WRITE SOME BENEFITS FROM THIS LESSON INSIDE PICTURES OF ROAD SIGNS (USE THE SHAPES AND COLOURS OF REGULATION AND DANGER SIGNS ACCORDINGLY!)

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?



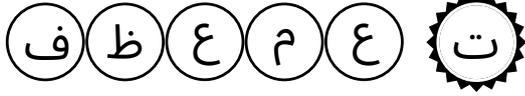
PARADISE IS GOOD AND IT IS THE HOME OF THOSE WHO ARE GOOD. MENTION ONE GOOD ACTION YOU PERFORMED TODAY:

DATE _____



20

PRAYERS OFFERED



FAST COMPLETED



The 20th Sitting

THE VIRTUE OF THE LAST 10 NIGHTS OF RAMADAN

NOTE DOWN SOME GOOD ACTIONS THAT SHOULD BE CARRIED OUT IN THESE VERY SPECIAL NIGHTS

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?

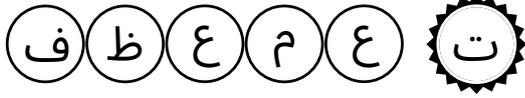


THE PROPHET USED TO WAKE HIS FAMILY UP TO PRAY IN THE LAST 10 NIGHTS OF RAMADAN. HOW DID YOU ENCOURAGE A MEMBER OF YOUR FAMILY TO DO GOOD TODAY?

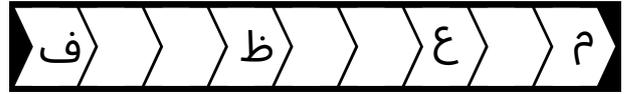
DATE _____



PRAYERS OFFERED



FAST COMPLETED



The 21st Sitting

THE VIRTUE OF OBLIGATORY PRAYERS DURING RAMADAN AND THE OTHER MONTHS, AND
THE VIRTUE OF SUPEREROGATORY PRAYERS

WRITE DOWN SOME OF THE LESSON'S BENEFITS AS DOODLE NOTES

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?



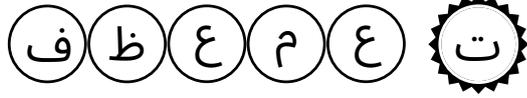
WHICH VIRTUE OF THE PRAYER DID YOU REMEMBER AS YOU STOOD FOR SALAH TODAY?

DATE _____

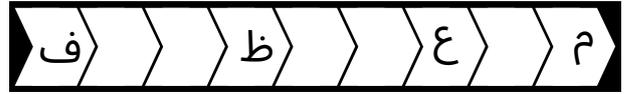


22

PRAYERS OFFERED



FAST COMPLETED



The 22nd Sitting

PRAISE FOR THOSE WHO OBEYED ALLAH FROM THE PREVIOUS NATIONS

LIST SOME CHARACTERISTICS OF THE PEOPLE OF THE PAST AND COLOUR CODE THEM TO REPRESENT GOOD AND BAD CHARACTERISTICS

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?



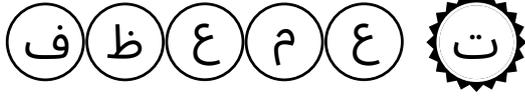
ISLAM IS THE GREATEST BLESSING. THINK ABOUT WHY YOU ARE HAPPY TO BE A MUSLIM TODAY:

DATE _____

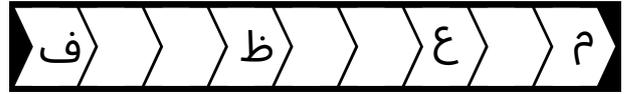


23

PRAYERS OFFERED



FAST COMPLETED



The 23rd Sitting

THE LEVELS OF THE BELIEVERS

WRITE DOWN SOME OF THE LESSON'S BENEFITS AS DOODLE NOTES

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?



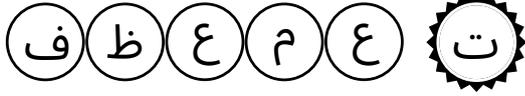
WHAT DID YOU DO TODAY TO WORK ON RAISING YOUR LEVEL AS A BELIEVER?

DATE _____



24

PRAYERS OFFERED



FAST COMPLETED



The 24th Sitting

THE VIRTUE OF DU'A'

DRAW A SMALL LEAFLET THAT A NEW MUSLIM COULD USE AS A MANUAL ON HOW TO DO DU'A'

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?



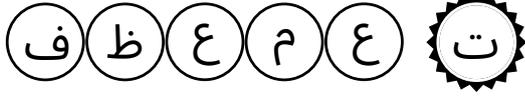
WRITE AN EXAMPLE OF HOW YOU COULD THANK ALLAH USING ONE OF HIS BEAUTIFUL NAMES FOR SOME OF THE BLESSINGS YOU RECEIVED TODAY:

DATE _____



25

PRAYERS OFFERED



FAST COMPLETED



The 25th Sitting

LOOKING AT THE NOBLE FACE OF ALLAH AND HOW TO OBTAIN THIS BLESSING

THE SHAYKH TALKS ABOUT SEEING ALLAH IN THIS WORLD AND IN THE HEREAFTER. WHICH ONE IS POSSIBLE AND WHICH ONE IS NOT? MENTION A PROOF FOR EACH

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?



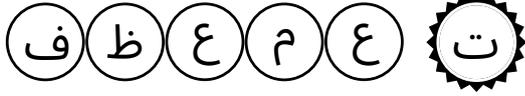
SEEING ALLAH IS THE ULTIMATE BLESSING, BUT WE RECEIVE CONTINUOUS BLESSINGS IN OUR EVERYDAY LIFE TOO. LIST SOME YOU ENJOYED TODAY:

DATE _____



26

PRAYERS OFFERED



FAST COMPLETED



The 26th Sitting

THE DISPRAISE OF BEING AMAZED WITH THIS WORLDLY LIFE

WRITE DOWN SOME OF THE LESSON'S BENEFITS AS BULLET POINTS

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?



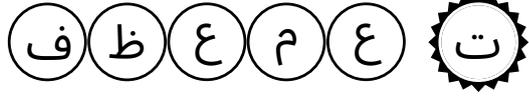
MENTION ONE WAY IN WHICH YOU USED WELL WHAT ALLAH PROVIDED YOU WITH TODAY

DATE _____



27

PRAYERS OFFERED



FAST COMPLETED



The 27th Sitting

THE VIRTUE OF THE NIGHT OF QADR

WRITE DOWN SOME OF THE LESSON'S BENEFITS AS DOODLE NOTES

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?



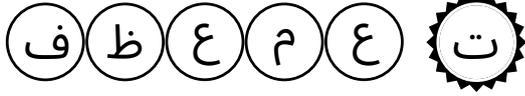
MENTION SOMETHING THAT YOU DON'T WANT TO FORGET TO ASK IN YOUR DU'A' TODAY:

DATE _____



28

PRAYERS OFFERED



FAST COMPLETED



The 28th Sitting

FEARING THE PUNISHMENT OF THE GRAVE

WRITE DOWN SOME OF THE LESSON'S BENEFITS INSIDE SPEECH BUBBLES

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?



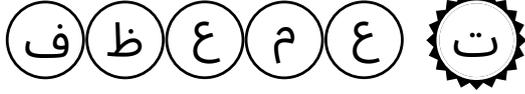
"MY LORD IS ALLAH": WHAT DID YOU DO TODAY TO SHOW THAT THIS IS WHAT YOU BELIEVE?

DATE _____



29

PRAYERS OFFERED



FAST COMPLETED



The 29th Sitting

ENDING UPON GOOD

DRAW SOME STICKY NOTES (OR STICK REAL ONES!) AND FILL THEM UP WITH BENEFITS FROM THIS LESSON

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?



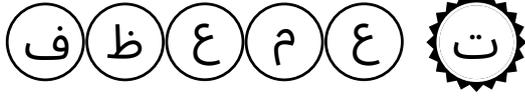
RAMADAN IS ALMOST OVER. WHAT DID YOU DO TODAY TO MAKE SURE YOU ARE ENDING IT IN THE BEST WAY?

DATE _____



30

PRAYERS OFFERED



FAST COMPLETED



The 30th Sitting

ENDING THE MONTH OF RAMADAN WITH TAWHEED AND SEEKING FORGIVENESS

WRITE THE WORDS "TAWHEED" AND "SEEKING FORGIVENESS" IN BIG AND FANCY WRITING AND ADD SOME BENEFITS FOR EACH

TODAY'S WISDOM

COPY A SENTENCE FROM THE LESSON THAT YOU FOUND PARTICULARLY MEANINGFUL

HOW DID THE DAY GO?



WHAT ARE SOME OF THE THINGS THAT A CHILD OR YOUNG PERSON SHOULD ASK ALLAH'S FORGIVENESS FOR?
